



Health is Wealth

With Doctor Michael Carozza
Co-Host: Tina Cortese

What is current in natural health medicine?



About Dr. Michael Carozza

Naturopathic Doctor, Clinic Founder and Director

Dr. Mike started his career as a young scientist by completing his Honours Bachelors of Science, followed by a Master's degree in the Department of Human Biology and Nutritional Science at the University of Guelph. Under the supervision of Dr. Bruce Holub, one of the top leading experts in Omega 3 research in Canada, Dr. Mike set to evolve the protective effects of Omega-3s on cardiovascular disease. This is where Dr. Mike sparked an interest in naturopathic medicine and his passion for natural solutions to today's ailments grew. In 2009, he graduated with a Degree in Naturopathic Medicine from the Canadian College of Naturopathic Medicine, and has since been the clinic director and practicing naturopathic physician at Applemed.



Dr. Michael Carozza has been practicing naturopathic medicine for the past 10 years in the Woodbridge area and has helped improve the health of individuals of all ages suffering from autoimmune diseases including cardiovascular disease, skin disorders due to allergies as well as nutritional issues and unresolved weight control. He is the dedicated owner and founder of Applemed Clinic, formally Vaughan Natural Care Clinic where he specializes in naturopathic medical treatments.

Since opening his clinic he has become a beacon for health in the community and has helped shed light on successful treatments for countless people or eliminated the root cause of their condition. He is able to scientifically prove and identify that root cause and treat it naturally. His naturopathic mantra is, "Let food be thy medicine" and he is dedicated to this belief in managing a number of issues through diet. Dr. Mike's areas of expertise are in the areas of weight management, cardiovascular issues and nutritional science. He is one of a few ND's in Vaughan who has met the prescribing standard of practice and the therapeutics examination which allows him to be able to prescribe, dispense, compound, sell, or administer by injection specific medical drugs. Also having met the standards of practice of Intravenous Infusion Therapy (IVIT) for vitamin administration. Dr. Mike also works in conjunction with a patient's medical doctor to provide the best solutions.

Dr. Mike prides himself on evidence-based natural medicine. He is eager to share what is currently working for him and his practice of 10 plus years. Health is Wealth allows listeners to understand how Dr. Mike is leveraging his clinical experience in Naturopathic medicine, spreading the word on what works best for multiple health issues. Before becoming a naturopath, Dr. Mike was a nutritional scientist studying evidence-based natural medicine and its effectiveness. Working with various nutraceutical companies in product formulation and as an educator for over 4 plus years all while running a successful clinical practice. This made him an expert in the field. Dr. Mike has also made numerous TV and radio appearances and has travelled to many different places in the world to speak to crowds that range from small friendly educational conferences to conferences with over 1000 listeners.

Having grown up in Vaughan, Dr. Mike feels a special connection with the local Italian community. "I know what they eat!" At Applemed, a healthy weight-loss plan with straightforward, manageable advice on diet is tailor-made for each patient. "I advise patients on how to prepare food without adding extra calories. It's all about education on better food choices." In addition to these areas of care, Dr. Mike has responded to a growing demand for nutrient-support without pills by advising on tailor-made intravenous vitamin therapy programs. He also offers a standard free 15-minute consultation to all prospective clients. Satisfaction comes with healing for Dr. Mike.

About 105.9 The Region

105.9 The Region serves York Region with signals that cover Durham, Peel, and parts of Halton and even extends as far as Lake Ontario to the south, with a main focus on York Region providing a voice of relevant information to the 1.1 million residents. 105.9 The Region is the official emergency information station for Markham, Vaughan, Richmond Hill, Whitchurch – Stouffville and King since 2013 with over 10 hours of radio time committed to news and traffic each week so listeners are kept informed of what is happening in the local community. 105.9 The Region takes pride in their partnerships

with the York Regional Transit and The York Regional Police so listeners are aware of traffic and commute slowdowns. Reaching the cultural markets is important in York Region and important to 105.9 The Region so that all 450,000 listeners are kept up to date. 105.9 The Regions provides segments in English Monday through Sunday from 12am - 7pm and Chinese and Multicultural segments Monday through Sunday from 7pm - 12am. There are no more than 8 minutes of advertising per hour which reduces clutter and keeps core audiences from ages 25 to 54 listening longer.

Media Sponsorship Options with Dr. Michael Carozza

For information regarding sponsorship with Health is Wealth featuring Doctor Michael Carozza, please email info@applemed.ca for more information and to discuss opportunities that are available.



Dr. Mike Media Experiences

- **Multiple guest experiences on Wyld on Health CP24 and content contribution**
<https://www.cp24.com/mar-26-optimizing-your-immune-system-1.496851>
- **Multiple Guest as a Medical advisor on In The Know with Host Julia suppa**
https://www.youtube.com/watch?v=b_H_x8U5QkU
<https://www.youtube.com/watch?v=ouDngywXDM4>
<https://www.youtube.com/watch?v=klkRiJacgcA>
<https://www.youtube.com/watch?v=6dUA1PjmBCc>
<https://www.youtube.com/watch?v=yy3bcPSiv8c>
<https://www.youtube.com/watch?v=nvOJcdROgl0>
<https://www.youtube.com/watch?v=Oyo63CQJY3U>
- **Nutritional Scientist for vast companies as medical advisor: Ascenta Health 4 years**
https://www.denningers.com/images/uploads/3520_Denn_Mar2013_Nwsltr.pdf
<https://www.nutrasea.ca>
- **Medical Advisory Board to Health Canada Clinical NPN Natural Health Product Directorate**
- **Guest on: Today's talk on Rogers network Live with Chandra and Sara**
- Multiple talks on women's health and kids health
- **Co-host with Grego Minot on Cityline live to discuss women's health hormones and hair growth**
- **Clinical study with Jameison**
https://www.youtube.com/watch?v=qIUx_dCuPPM
- **Currently on 105.9 The Region Radio with Co-Host Tina Cortese**

